

Formation Roundtable

Spiritual formation is a process that opens us up to becoming who we are in Christ - wanted, loved, alive, connected and resting into life with God. We are formed through practices, relationships, and experiences – the things we do over and over again. This becoming ripples out in our everyday lives and to those around us.

Formation Roundtable is a regular rhythm that is:

Personal – your own relationship, requiring willingness and honesty with yourself

Communal – we are created to being formed with and for others too

Interactive – active participation in all parts of us

Distinctives of Formation:

Communal, not just private practices

Multi-voice

Interactive

A lifelong process – there is not mastery; patience is required

True to reality – formation has to take place in our real, everyday lives

Not just teaching, but practicing – a lab

Help people take things out to their own places of influence/community

Recognize barriers to formation; making it a true safe space for people to share

Helping to see ALL the ways God is working in our lives, not just in the box

Wild, not exactly the same for everyone

Seasonal, not always the same at all times in our lives

Requires attunement and attachment