

Questions that Shape Us: We Ask Each Other

Emmy Whitmarsh

Matthew 6:25-34

July 26, 2026

Reflection & Discussion

Questions can be an open door for communication

They invite participation through response.

*Who is the best question-asker you know? What makes them good at it?

*What are the biggest barriers to asking or answering questions?

Jesus was compassionate and curious in his questioning – guiding our own asking

Read and discuss Matthew 6:25-34 (NLT)

²⁵ “That is why I tell you not to worry about everyday life—whether you have enough food and drink, or enough clothes to wear. Isn’t life more than food, and your body more than clothing? ²⁶ Look at the birds. They don’t plant or harvest or store food in barns, for your heavenly Father feeds them. And aren’t you far more valuable to him than they are? ²⁷ Can all your worries add a single moment to your life?

²⁸ “And why worry about your clothing? Look at the lilies of the field and how they grow. They don’t work or make their clothing, ²⁹ yet Solomon in all his glory was not dressed as beautifully as they are. ³⁰ And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

³¹ “So don’t worry about these things, saying, ‘What will we eat? What will we drink? What will we wear?’ ³² These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. ³³ Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

³⁴ “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.

*What do you notice in this passage about the questions Jesus asks and the way he asks them?

*How does it model the types of questions we might ask and how we ask them?

Like Jesus, we can ask questions that ground and give truth in love

Sometimes asking a question looks like reminding each other of the truth God says about us.

*What are examples of grounding questions?

*Is there a time you have experienced these types of questions?

Like Jesus, we can ask challenging questions in love

We were made to love each other enough to challenge each other.

*Why are challenging questions important in relationships?

*Why is important to ask grounding and truth reminder questions before challenging ones? What happens if these come first?

Asking each other questions is a way to love one another

Questions open up doors for relationship and for the Holy Spirit to work.

*What relationships are you a part of that asking and answering questions has opened the door to deeper connection?

*Is there someone in your life that might benefit from you asking Jesus’ type of questions?

*What Jesus-type question do you wish someone would ask you?

*What is the Spirit saying to you about questions we ask each other? What is one step you could take this week?

[Access Pulpit Rock’s Intentional Grace-filled Questions](#)

[Access Pulpit Rocks Liturgy of the Hours](#)