

## Liturgy of Hours - Daily Office

Sunday, January 11<sup>th</sup>

Morning: Read Isaiah 42:1-9

**42** *"Here is my servant, whom I uphold,  
my chosen one in whom I delight;*

*I will put my Spirit on him,  
and he will bring justice to the nations.*

**2** *He will not shout or cry out,  
or raise his voice in the streets.*

**3** *A bruised reed he will not break,  
and a smoldering wick he will not snuff out.*

*In faithfulness he will bring forth justice;*

**4** *he will not falter or be discouraged  
till he establishes justice on earth.*

*In his teaching the islands will put their hope."*

**5** *This is what God the LORD says—*

*the Creator of the heavens, who stretches them out,  
who spreads out the earth with all that springs from it,  
who gives breath to its people,  
and life to those who walk on it:*

**6** *"I, the LORD, have called you in righteousness;  
I will take hold of your hand.*

*I will keep you and will make you  
to be a covenant for the people  
and a light for the Gentiles,*

**7** *to open eyes that are blind,  
to free captives from prison  
and to release from the dungeon those who sit in darkness.*

**8** *"I am the LORD; that is my name!  
I will not yield my glory to another  
or my praise to idols.*

**9** *See, the former things have taken place,  
and new things I declare;*

*before they spring into being  
I announce them to you."*

Attend: Be mindful of the injustices you see around you today.

Midday: Read: Psalm 89:14-18

**14** *Righteousness and justice are the foundation of your throne;  
love and faithfulness go before you.*

**15** *Blessed are those who have learned to acclaim you,  
who walk in the light of your presence, Lord.*

**16** *They rejoice in your name all day long;  
they celebrate your righteousness.*

**17** *For you are their glory and strength,  
and by your favor you exalt our horn.*

<sup>18</sup> *Indeed, our shield belongs to the Lord,  
our king to the Holy One of Israel.*

Breath prayer: **Inhale:** *God of love and faithfulness* **Exhale:** *help me walk like you*

Observe at least 60 seconds of silence

Evening: Ponder: Where in your life are you seeking to help bring freedom, sight, release or light? Invite God to strengthen you in this work or bring show you where to begin.

Prayer: "God of grace and glory,  
you call us with your voice of flame  
to be your people, faithful and courageous.

As your beloved Son  
embraced his mission in the waters of baptism,  
inspire us with the fire of your Spirit  
to join in his transforming work.

We ask this in the name of our Savior Jesus Christ,  
who lives and reigns for ever and ever. Amen." (RCL prayer)