

## 2 Timothy: What Matters Most

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2 Timothy 1:13-18

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### Discussion and Reflection Guide

#### **Paul tells Timothy to stick to the truth of Jesus**

Read and discuss 2 Timothy 1:13-14 (NIV)

*<sup>13</sup> What you heard from me, keep as the pattern of sound teaching, with faith and love in Christ*

*Jesus. <sup>14</sup> Guard the good deposit that was entrusted to you—guard it with the help of the Holy Spirit who lives in us.*

\*How do you guard the good deposit?

\*Why do we need the Holy Spirit's help in this?

#### **Paul went all in with relationships**

Read and discuss 2 Timothy 1:15-18 (NIV)

*<sup>15</sup> You know that everyone in the province of Asia has deserted me, including Phygelus and Hermogenes.*

*<sup>16</sup> May the Lord show mercy to the household of Onesiphorus, because he often refreshed me and was not ashamed of my chains. <sup>17</sup> On the contrary, when he was in Rome, he searched hard for me until he found me. <sup>18</sup> May the Lord grant that he will find mercy from the Lord on that day! You know very well in how many*

*ways he helped me in Ephesus.*

\*What can we understand about the relationships in Paul's ministry from this passage?

\*Why is it so important to have a team of people, or community in our lives as believers?

#### **Spiritual refreshment from others helps us feel like we can breathe again**

Onesiphorus showed Paul he was not alone.

\*What does spiritual refreshment look like to you?

\*Who has been like a deep breath to you lately?

\*Have you experienced encouragement to hold on to what's most important? What was that like?

#### **We need people like that...we need to BE people like that**

What really matters is Jesus and people.

\*Who is the Holy Spirit nudging you to refresh and encourage? What would that look like this week?

\*Do you sense the Spirit saying something to you about the way you are 'guarding the good deposit'?