

THIS: Consistency
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Discussion and Reflection Guide

What accounts for the ups and downs of our spiritual life is not that the Spirit comes and goes – but that we often drift away and detach from the work of the Spirit. That is why we have to talk about this last aspect of the ministry of the Holy Spirit, consistency. The Spirit is constantly drawing us forward into fellowship with God, and we are invited into consistent and daily interactions with the Holy Spirit.

Each of us needs to find a reliable and regular moment when we are engaged with the Spirit of God, and we can think creatively and broadly about that...But if you want to walk by the Spirit you do have to take up SOMETHING with consistency.

***Jonathan talked about jogging as a way he connects regularly with God, do you have something like that? A regular way to engage and connect with God?**

Read 2 Corinthians 3:17-18

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

***If the spirit is transforming us into the image of Jesus, then what is the thing we are doing in that process? What consistent things in your life are about contemplating the Lord's glory?**

Read 1 Corinthians 2:9-13

However, as it is written: "What no eye has seen, what no ear has heard, and what no human mind has conceived"— the things God has prepared for those who love him— ¹⁰ these are the things God has revealed to us by his Spirit. The Spirit searches all things, even the deep things of God. ¹¹ For who knows a person's thoughts except their own spirit within them? In the same way no one knows the thoughts of God except the Spirit of God. ¹² What we have received is not the spirit of the world, but the Spirit who is from God, so that we may understand what God has freely given us. ¹³ This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, explaining spiritual realities with Spirit-taught words.

***What allows us to understand God and how God loves us? Where in your life are you sitting with the Spirit as a student?**

What are you building in your life to make space for the voice of the Spirit? Because of the freedom we have... sometimes that question can be so big it is paralyzing so either we do nothing – or we just copy and paste from someone else's spiritual life. But the Holy Spirit has something specific for you... and discovering those things and then structuring your life around them is a really fun project. Here are some questions to help -

***How are you doing something to slow down your mind? How are you doing something physical? How are you doing something with other believers? How are you doing something with scripture? How are you doing something to serve sacrificially?**