

Sidetracked: Sexuality
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February 11, 2024
Reflection & Discussion Questions

At times all of us get sidetracked spiritually by our sexuality

Many of us learned that our goal was to stay sexually pure.

- *What positive and negative ideas came out of purity culture?
- *What well intentioned sidetrack or confusion have you experienced about sexuality?

Scripture teaches us that our sin nature is comprehensive – it touches every part of us

Read and discuss Romans 3:9-12(NIV)

⁹ What shall we conclude then? Do we have any advantage? Not at all! For we have already made the charge that Jews and Gentiles alike are all under the power of sin. ¹⁰ As it is written:

“There is no one righteous, not even one;

*¹¹ there is no one who understands;
there is no one who seeks God.*

*¹² All have turned away,
they have together become worthless;
there is no one who does good,
not even one.”*

- *What does this passage say about our sin?
- *What does this mean about the idea of sexual purity?

Not everything we want to do sexually is good for us

Read and discuss I Corinthians 6:12-17(NIV)

¹² “I have the right to do anything,” you say—but not everything is beneficial. “I have the right to do anything”—but I will not be mastered by anything. ¹³ You say, “Food for the stomach and the stomach for food, and God will destroy them both.” The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body. ¹⁴ By his power God raised the Lord from the dead, and he will raise us also. ¹⁵ Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! ¹⁶ Do you not know that he who unites himself with a prostitute is one with her in body? For it is said, “The two will become one flesh.” ¹⁷ But whoever is united with the Lord is one with him in spirit.

- *What do these verses say about the grace of God and healthy boundaries?
- *Is there something we can learn from the way Paul is leading here?

Sexual sin has an impact on us in unique and personal ways

Read and discuss I Corinthians 6:18-20(NIV)

¹⁸ Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. ¹⁹ Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your bodies.

- *What would it look like to ‘flee’ well from sexual sin? What might be underneath the surface of sexual brokenness in your life?
- *What does this passage say about our value to God? How can we get sidetracked if we view our value as related to our purity?
- *What are you sensing about the narrow path of sexual wholeness? Where might the Spirit be leading you?