

Lent 2024 – I AM: Bread of Life  
Christy Penley  
John 6:25-59  
February 18, 2024  
**Reflection & Discussion Questions**

**The I AM statements are the self portrait of Jesus**

When we understand the true picture of Jesus, it changes everything about us.

\*What picture do you think of if there were a real portrait of Jesus? How have you painted him in your mind?

\*What are some other pictures of Jesus you can imagine?

**Jesus declares, “I am the bread of life”**

Read and discuss John 6:35-41 (NIV)

*<sup>35</sup> Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. <sup>36</sup> But as I told you, you have seen me and still you do not believe. <sup>37</sup> All those the Father gives me will come to me, and whoever comes to me I will never drive away. <sup>38</sup> For I have come down from heaven not to do my will but to do the will of him who sent me. <sup>39</sup> And this is the will of him who sent me, that I shall lose none of all those he has given me, but raise them up at the last day. <sup>40</sup> For my Father’s will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day.”*

*<sup>41</sup> At this the Jews there began to grumble about him because he said, “I am the bread that came down from heaven.”*

\*What does this passage say about the picture Jesus paints of himself?

\*How does the context of the recent feeding of the 5000 bring fuller understanding of this passage?

**Jesus didn’t come to GIVE bread; he came to BE bread**

He came not to be part of our life but to be life itself.

\*Do you find yourself wanting things from God more than you want God Himself?

\*What does it look like to for Jesus to BE life, our sustenance and not just a slice of our lives?

**The correct painting of Jesus will show him offering and giving life**

Don’t settle for coming to Christ for something from him, instead of for him.

\*Is Jesus your bread of life?

\*How does seeing this true portrait impact your everyday life?

\*What is the Holy Spirit inviting you into as you lean into the truth that Jesus is the bread of life?