

## **December Formation Table Additional Resources**

### **Discussion ideas:**

Take some time to talk to some of your traveling companions about your answers to these questions.

What stood out to you from this session?

What do you humbly need to receive from God? What have you been resisting from Him?

How have you seen humility affect your spiritual growth in a positive or negative way?

How would you say faith and humility are connected?

How would you describe this moment in your journey with God?

What does it look like for you to enjoy this journey with Him right now?

### **Scripture for Further Study:**

Philippians 2:5-11; 3:12-14      Luke 14:7-11

As you are studying consider a handful of questions:

What different topics do you see addressed in this passage?

Does the author indicate why they have written this?

What do these Scriptures teach us about the true nature of God?

Does this passage invite us to do, think, or change anything in our lives?

What questions does this passage prompt in you?

### **Songs for Reflection:**

The Humility of God by Young Oceans

Not in a Hurry by Will Reagan and United Pursuit

Also available on our Spotify [Formation Table playlist](#)

### **Visio Divina:**

Foot Washing by Sally Elliott

On Journey by Noor Shaikh

Also available on our Pinterest [Visio Divina board](#)

### **Books:**

Humility by Andrew Murray

Humble Roots by Hannah Anderson

### **Ponder:**

"And the world cannot be discovered by a journey of miles, no matter how long, but only by a spiritual journey, a journey of one inch, very arduous and humbling and joyful, by which we arrive at the ground at our feet, and learn to be at home."

— Wendell Berry in *The Unforeseen Wilderness*