

Last Words from the Cross: I Thirst

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John 19:28-29

March 21st, 2021

Reflection & Discussion Questions

Jesus was the perfect combination of humanity and divine

100% human and 100% God.

*What experience have you had at the intersection of a human and divine moment?

*How do we wrap our minds around the humanness and holiness of Jesus?

*Is it easier for you to see Jesus as one or the other?

We are confronted with the fading of Jesus's humanity

Read and discuss John 19:28-29(ESV)

28 After this, Jesus, knowing that all was now finished, said (to fulfill the Scripture), "I thirst." 29 A jar full of sour wine stood there, so they put a sponge full of the sour wine on a hyssop branch and held it to his mouth.

*What do these verses tell us about Jesus?

*How do Jesus's words here resonate with you? What connection might you see between him 'knowing all was now finished' and his thirst?

*How has Jesus been a quenching of your thirst in some way?

Jesus was truly human

His thirst on the cross authenticates it.

*Why is it important to believe that Jesus was human?

*How does Jesus's humanness help us identify with him?

*How have you felt Jesus as an advocate for you?

Jesus was truly holy

This moment on the cross fulfilled prophecies.

*What places in scripture call the fulfillment of this moment to mind?

*Why is it equally important to believe that Jesus was holy?

*Where is he calling you to take up your cross? What is he whispering for you to die to?

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Visual reflection (Visio Divina)* [Artist Unknown](#)

Song for reflection [Take Me Broken](#) by Salt of the Sound