

Table Manners: Rebekah

Suzy Bates

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Reflection & Discussion Questions

Sometimes we are motivated to protect our table from those that are just a little too different from us

That motivation isn't inherently wrong – but sometimes ways we carry that out can be.

*Do you resonate with this statement? How have you tried to protect your table?

*What are some ways to develop grace and love for people at our table who stretch us?

Rebekah and others like her are loyal, committed to their beliefs, great troubleshooters and hardworking

She was sometimes untrusting and anxious, indecisive, and afraid of being abandoned or unsupported.

*Do you see yourself or someone you know in Rebekah?

*What positive and negative characteristics do you resonate with?

*How have you seen 'loyal love' demonstrated in your life?

Rebekah and others like her could greatly benefit from the spiritual practice of scripture memorization and leaning into these verses

Galatians 5:22-23 (ESV)

²² *But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,* ²³ *gentleness, self-control; against such things there is no law.*

*What does knowing God's word bring to a fearful or anxious mind? How has a memorized verse helped you?

*What does this verse say to you? How could it be helpful to someone like Rebekah?

People like Rebekah need us to tell them that God is ultimately in control even when things do not work out in the best way...we can still trust Him

*What is great and helpful about having someone like Rebekah at the table?

*What can be frustrating about sitting with him?

Peter – focused on freedom and adventure

Paul – focused on doing good and being good

Joseph – focused on the desire to be unique

Rebekah – focused on loyalty and security

*What conflicts could arise between a Rebekah type and some of these others?

*How could this type benefit one of the other personalities we've talked about?