

Table Manners: Rebekah

Suzy Bates

June 2, 2019

**Reflection & Discussion Questions**

**Sometimes we are motivated to protect our table from those that are just a little too different from us**

That motivation isn't inherently wrong – but sometimes ways we carry that out can be.

\*Do you resonate with this statement? How have you tried to protect your table?

\*What are some ways to develop grace and love for people at our table who stretch us?

**Rebekah and others like her are loyal, committed to their beliefs, great troubleshooters and hardworking**

She was sometimes untrusting and anxious, indecisive, and afraid of being abandoned or unsupported.

\*Do you see yourself or someone you know in Rebekah?

\*What positive and negative characteristics do you resonate with?

\*How have you seen 'loyal love' demonstrated in your life?

**Rebekah and others like her could greatly benefit from the spiritual practice of scripture memorization and leaning into these verses**

**Galatians 5:22-23 (ESV)**

<sup>22</sup> *But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control; against such things there is no law.*

\*What does knowing God's word bring to a fearful or anxious mind? How has a memorized verse helped you?

\*What does this verse say to you? How could it be helpful to someone like Rebekah?

**People like Rebekah need us to tell them that God is ultimately in control even when things do not work out in the best way...we can still trust Him**

\*What is great and helpful about having someone like Rebekah at the table?

\*What can be frustrating about sitting with him?

**Peter – focused on freedom and adventure**

**Paul – focused on doing good and being good**

**Joseph – focused on the desire to be unique**

**Rebekah – focused on loyalty and security**

\*What conflicts could arise between a Rebekah type and some of these others?

\*How could this type benefit one of the other personalities we've talked about?