

Table Manners: Jacob  
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**Reflection & Discussion Questions**

**‘Without knowledge of self, there is no knowledge of God’ – John Calvin**

If you don't fully know yourself, you won't fully know God. And it's hard to truly know yourself if you don't know God

- \*What are your thoughts on this quote?
- \*How have you seen this to be true or false in your own life?

**Jacob and others like him are forward thinking, driven, poised and charming**

He was sometimes deceptive to himself and others, overly image conscious and impatient.

- \*Do you see yourself or someone you know in Jacob?
- \*What positive and negative characteristics do you resonate with?

**Jacob and others like him could greatly benefit from the spiritual practice of fixed hour prayer (set times during the day to pray through written scripture) and leaning into this verse**

**1 Corinthians 13:1 (ESV)**

*If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal.*

- \*What does this verse say to you? How could it be helpful to someone like Jacob?
- \*Have you ever practiced fixed hour prayer? How could this practice help someone that is focused on achievement?

**People like Jacob need us to tell them that they are loved for who they are, not for what they do**

- \*What is great and helpful about having someone like Jacob at the table?
- \*What can be frustrating about sitting with him?

**Peter – focused on freedom and adventure**

**Paul – focused on doing good and being good**

**Joseph – focused on the desire to be unique**

**Rebekah – focused on loyalty and security**

**Jacob – focused on success and accomplishments**

- \*What conflicts could arise between a Jacob type and some of these others?
- \*How could this type benefit one of the other personalities we've talked about?

More info on The Fixed Hour Prayers: [www.transformingcenter.org/2016/05/sweet-hours-of-prayer-how-fixed-hour-prayer-nourishes-the-soul/](http://www.transformingcenter.org/2016/05/sweet-hours-of-prayer-how-fixed-hour-prayer-nourishes-the-soul/)